



Community Activities Calendar

~ May 2026 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Lake Country Cottage: 516 1 st St W (Next to Casey's on Hwy 34)					1 9:00 - 2:00 Drop-in 11:00 - 12:30 Member lunch 2:00 Illness Management and Recovery (IMR)	2 9-2 Drop-in
3 <u>Cottage Hours:</u> Mon 9AM-2PM Tues 9AM-5PM Wed 11AM-5PM Thur 9AM-2PM Fri 9AM-2PM Sat 9AM-2PM	4 9:00 - 2:00 Drop-in 10 Sunrise Smoothies 2:00 Healthy Communication	5 9:00 - 5:00 Drop-in 10 AM Painting, Arts and Crafts	6 11:00 – 5:00 Drop-in 12:00 Delicious Discoveries 5-7 PM Activity Night	7 9:00 - 2:00 Drop-in 10:00 Games & Puzzles Time 1:00-2:00 ALG 2:00 Healthy Lifestyles	8 9:00 - 2:00 Drop-in 11:00 - 12:30 Member lunch 2:00 Illness Management and Recovery (IMR)	9 9-2 Drop-in
10 LAC Meeting every 2 nd Wednesday at 1 PM ALG the 2 nd and 4 th Thursday at 1 pm	11 9:00 - 2:00 Drop-in 10 Sunrise Smoothies 2:00 Healthy Communication	12 9:00 - 5:00 Drop-in 10 AM Painting, Arts and Crafts	13 11:00 – 5:00 Drop-in 12:00 Delicious Discoveries 1:00 - 2:00 Hubbard : County Local Advisory Council meeting Info: 218.366.9229 5-7 PM Activity Night	14 9:00 - 2:00 Drop-in 10:00 Games & Puzzles Time 1:00-2:00 ALG 2:00 Healthy Lifestyles	15 9:00 - 2:00 Drop-in 11:00 - 12:30 Member lunch 2:00 Illness Management and Recovery (IMR)	16 9-2 Drop-in
17 *ARTS & CRAFTS EVERY TUESDAY 10:00 AM	18 9:00 - 2:00 Drop-in 10 Sunrise Smoothies 2:00 Healthy Communication	19 9:00 - 5:00 Drop-in 10 AM Painting, Arts and Crafts	22 11:00 – 5:00 Drop-in 12:00 Delicious Discoveries 5-7 Activity Night	21 9:00 - 2:00 Drop-in 10:00 Games & Puzzles Time 1:00-2:00 ALG 2:00 Healthy Lifestyles	22 9:00 - 2:00 Drop-in 11:00 - 12:30 Member lunch 2:00 Illness Management and Recovery (IMR)	23 9-2 Drop-in
24	25 Memorial Day Cottage Closed	26 9:00 - 5:00 Drop-in 10 AM Painting, Arts and Crafts	27 11:00 – 5:00 Drop-in 12:00 Delicious Discoveries 5-7 PM Activity Night	28 9:00 - 2:00 Drop-in 10:00 Games & Puzzles Time 2:00 Healthy Lifestyles	29 9:00 - 2:00 Drop-in 11:00 - 12:30 Member lunch 2:00 Illness Management and Recovery (IMR)	30 9-2 Drop-in
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LCA Cottage Weekly Groups

HEALTHY LIFESTYLES: Covers a variety of health-related topics that are all linked to positive mental well-being.

IMR: Illness Management and Recovery modules are covered in detail. Example: practical facts about depression.

HEALTHY COMMUNICATION: Mindfulness and examination of actions, thoughts and words toward others.

ALG: A consumer-run group that plans and implements social and recreational activities for active Cottage members.

ACTIVITY NIGHT: Builds community while also building informal social supports through fun activities.

Time / Day	Monday	Tuesday	Wednesday	Thursday	Friday
10:00AM - 11:00AM					
11:00AM - 12:00PM					
12:00PM - 1:00PM					
1:00PM - 2:00PM				ALG 2 nd and 4 th	
2:00PM - 3:00PM	Healthy Communication			Healthy Lifestyles	IMR
3:00PM - 4:00PM					
4:00PM - 5:00PM			Activity night 5-9 1 st and 3 rd		