

**For More
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**Trauma Informed-
Child Parent
Psychotherapy
(TI-CPP)**

At

**Lake Country
Associates**



What is TI-CPP?

TI-CPP is a relationship-based form of intervention that focuses on the child-parent interactions and on each partner's perceptions of the other. This therapy addresses behavioral and mental health problems of infants, toddlers, and preschoolers whose most intimate relationships are disrupted by the experience of trauma.

Who is TI-CPP for?

- Children who are between birth to age 6 whose relationship with their parent(s) has been negatively affected by their family's difficult circumstances.
- Parents who want to increase their ability to connect with their child and understand how their child might be experiencing the trauma.

What does TI-CPP address?

- TI-CPP primarily addresses the relationship between the child and parent and attempts to promote a secure attachment between the child and parent.
- It will also benefit children who may be experiencing symptoms as a result of trauma such as: difficulty in school, preschool, and/or daycare; aggression toward parents, siblings, and/or other children; temper tantrums; defiance; depression.

