



Community Activities Calendar

~ AUGUST 2021 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 12:00PM - 4:00PM Drop-in Hours	3 9:00AM - 1:00PM Drop-in Hours 10:30AM - 12:00PM Arts & Crafts	4 3:00PM - 4:00PM Illness Management and Recovery (IMR)	5 12:00PM - 4:00PM Drop-in Hours 11:00AM - 12:00PM Independent Living Skills Group (ILS)	6 9:00AM - 1:00PM Drop-in Hours 11:00AM - 12:30PM Bar-B-Que	7
8	9 12:00PM - 4:00PM Drop-in Hours	10 9:00AM - 1:00PM Drop-in Hours 10:30AM - 12:00PM Arts & Crafts	11 1:00PM - 2:00PM Hubbard County Local Advisory Council meeting Info: 218.366.9229	12 12:00PM - 4:00PM Drop-in Hours 11:00AM - 12:00PM Activities Leadership Group (ALG)	13 9:00AM - 1:00PM Drop-in Hours 11:00AM - 12:30PM Bar-B-Que	14
15	16 12:00PM - 4:00PM Drop-in Hours	17 9:00AM - 1:00PM Drop-in Hours 10:30AM - 12:00PM Arts & Crafts	18 3:00PM - 4:00PM Illness Management and Recovery (IMR)	19 12:00PM - 4:00PM Drop-in Hours 11:00AM - 12:00PM Independent Living Skills Group (ILS)	20 9:00AM - 1:00PM Drop-in Hours 11:00AM - 12:30PM Bar-B-Que	21
22	23 12:00PM - 4:00PM Drop-in Hours	24 9:00AM - 1:00PM Drop-in Hours 10:30AM - 12:00PM Arts & Crafts	25 3:00PM - 4:00PM Illness Management and Recovery (IMR)	26 12:00PM - 4:00PM Drop-in Hours 11:00AM - 12:00PM Activities Leadership Group (ALG)	27 9:00AM - 1:00PM Drop-in Hours 11:00AM - 12:30PM Bar-B-Que	28
29	30 12:00PM - 4:00PM Drop-in Hours	31 9:00AM - 1:00PM Drop-in Hours 10:30AM - 12:00PM Arts & Crafts			Lake Country Cottage: 516 1 st St W (Next to Casey's on Hwy 34)	Cottage Hours: Mon 12PM-4PM Tues 9AM-1PM Thur 12PM-4PM Fri 9AM-1PM



LCA Cottage Weekly Groups

IMR: Illness Management and Recovery modules are covered in detail. Example: practical facts about depression.

ALG: A consumer-run group that plans and implements social and recreational activities for Cottage members.

ILS: The Independent Living Skills Group begins in August and will focus on helping members develop self-reliance.

Time / Day	Monday	Tuesday	Wednesday	Thursday	Friday
10:00AM - 11:00AM					
11:00AM - 12:00PM				ALG and ILS (alternate weeks)	
12:00PM - 1:00PM					
1:00PM - 2:00PM					
2:00PM - 3:00PM					
3:00PM - 4:00PM			IMR		
4:00PM - 5:00PM					