

Community Activities Calendar for and attend Drop-in hours!

Call 218.366.9229 to sign up

Sun	Mon	Tue	Wed	Thu	Fri	Sat		
Lake Country Cottage: 516 1 st St W (Next to Casey's on Hwy 34)	Cottage Hours: Mon 12PM-4PM Tues 9AM-1PM Thur 12PM-4PM Fri 9AM-1PM	1 9:00AM - 1:00PM Drop-in Hours 10:30AM - 12:00PM Arts & Crafts	3:00PM - 4:00PM Illness Management and Recovery (IMR) (Virtual Group)	3 12:00PM - 4:00PM Drop-in Hours	4 9:00AM - 1:00PM Drop-in Hours	5		
6	7	8	9	10	11	12		
	12:00PM - 4:00PM Drop-in Hours	9:00AM - 1:00PM Drop-in Hours 10:30AM - 12:00PM Arts & Crafts	3:00PM - 4:00PM Illness Management and Recovery (IMR) (Virtual Group)	12:00PM - 4:00PM Drop-in Hours	9:00AM - 1:00PM Drop-in Hours			
13	14	15	16	17	18	19		
	12:00PM - 4:00PM Drop-in Hours	9:00AM - 1:00PM Drop-in Hours 10:30AM - 12:00PM Arts & Crafts	3:00PM - 4:00PM Illness Management and Recovery (IMR) (Virtual Group)	12:00PM - 4:00PM Drop-in Hours	9:00AM - 1:00PM Drop-in Hours			
20	21	22	23	24	25	26		
	12:00PM - 4:00PM Drop-in Hours	9:00AM - 1:00PM Drop-in Hours 10:30AM - 12:00PM Arts & Crafts	3:00PM - 4:00PM Illness Management and Recovery (IMR) (Virtual Group)	12:00PM - 4:00PM Drop-in Hours	9:00AM - 1:00PM Drop-in Hours			
27	28	29	30			NOTICE:		
	12:00PM - 4:00PM Drop-in Hours	9:00AM - 1:00PM Drop-in Hours 10:30AM - 12:00PM Arts & Crafts	3:00PM - 4:00PM Illness Management and Recovery (IMR) (Virtual Group)			Wednesday group held virtually. Room entrance info at bottom of calendar.		
	Wednesday Group Zoom Room Link: https://zoom.us/j/4239727228 Zoom Dial-in (Audio only) 301.715.8592. After calling enter code: 4239727228							

Lake Country Associates 218-366-9229 lakecountryassociates.com



LCA Cottage Weekly Groups (Virtual Hosting)

IMR: Illness Management and Recovery modules are covered in detail. Example: practical facts about depression.

NOTICE: ALL OTHER GROUPS TEMPORARILY SUSPENDED DUE TO COVID-19 SOCIAL RESTRICTIONS.

Time / Day	Monday	Tuesday	Wednesday	Thursday	Friday
10:00AM - 11:00AM					
11:00AM - 12:00PM					
12:00PM - 1:00PM					
1:00PM - 2:00PM					
2:00PM - 3:00PM					
3:00PM - 4:00PM			IMR		
4:00PM - 5:00PM					