



Community Activities Calendar

~ JULY 2021 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Lake Country Cottage: 516 1 st St W (Next to Casey's on Hwy 34)	Cottage Hours: Mon 12PM-4PM Tues 9AM-1PM Thur 12PM-4PM Fri 9AM-1PM			1 12:00PM - 4:00PM Drop-in Hours	2 9:00AM - 1:00PM Drop-in Hours 11:00AM - 12:30PM Bar-B-Que	3
4 INDEPENDENCE DAY	5 INDEPENDENCE DAY (Observed) LCA office and Cottage closed	6 9:00AM - 1:00PM Drop-in Hours 10:30AM - 12:00PM Arts & Crafts	7 3:00PM - 4:00PM Illness Management and Recovery (IMR)	8 12:00PM - 4:00PM Drop-in Hours	9 9:00AM - 1:00PM Drop-in Hours 11:00AM - 12:30PM Bar-B-Que	10
11	12 12:00PM - 4:00PM Drop-in Hours	13 9:00AM - 1:00PM Drop-in Hours 10:30AM - 12:00PM Arts & Crafts	14 1:00PM - 2:00PM Hubbard County Local Advisory Council meeting Info: 218.366.9229	15 12:00PM - 4:00PM Drop-in Hours	16 9:00AM - 1:00PM Drop-in Hours 11:00AM - 12:30PM Bar-B-Que	17
18	19 12:00PM - 4:00PM Drop-in Hours	20 9:00AM - 1:00PM Drop-in Hours 10:30AM - 12:00PM Arts & Crafts	21 3:00PM - 4:00PM Illness Management and Recovery (IMR)	22 12:00PM - 4:00PM Drop-in Hours	23 9:00AM - 1:00PM Drop-in Hours 11:00AM - 12:30PM Bar-B-Que	24
25	26 12:00PM - 4:00PM Drop-in Hours	27 9:00AM - 1:00PM Drop-in Hours 10:30AM - 12:00PM Arts & Crafts	28 3:00PM - 4:00PM Illness Management and Recovery (IMR)	29 12:00PM - 4:00PM Drop-in Hours 11:00AM - 12:00PM Activities Leadership Group (ALG)	30 9:00AM - 1:00PM Drop-in Hours 11:00AM - 12:30PM Bar-B-Que	31



LCA Cottage Weekly Groups

IMR: Illness Management and Recovery modules are covered in detail. Example: practical facts about depression.

ALG: A consumer-run group that plans and implements social and recreational activities for Cottage members.

ILS: The Independent Living Skills Group will begin in August and will focus on helping members develop self-reliance.

Time / Day	Monday	Tuesday	Wednesday	Thursday	Friday
10:00AM - 11:00AM					
11:00AM - 12:00PM				ALG and ILS (alternate weeks)	
12:00PM - 1:00PM					
1:00PM - 2:00PM					
2:00PM - 3:00PM					
3:00PM - 4:00PM			IMR		
4:00PM - 5:00PM					