



## Community Activities Calendar (Virtual Hosting)

~ APRIL 2021 ~							
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<b>NOTICE:</b> All events are held virtually. See room entrance info at bottom of calendar.				1	2	3	
	4	5	6	7 <b>3:00PM - 4:00PM</b> <b>Virtual Group</b>  <i>Illness Management and Recovery (IMR)</i>	8	9	10
	11	12	13	14 NO IMR GROUP	15	16	17
	18	19	20	21 <b>3:00PM - 4:00PM</b> <b>Virtual Group</b>  <i>Illness Management and Recovery (IMR)</i>	22	23	24
	25	26	27	28 <b>3:00PM - 4:00PM</b> <b>Virtual Group</b>  <i>Illness Management and Recovery (IMR)</i>	29	30	
<b>Zoom Room Link: <a href="https://zoom.us/j/4239727228">https://zoom.us/j/4239727228</a></b> <b>Zoom Dial-in (Audio only) 301.715.8592. After calling enter code: 4239727228</b>							



# LCA Cottage Weekly Groups (Virtual Hosting)

**IMR:** Illness Management and Recovery modules are covered in detail. Example: Practical Facts About Depression.

Time / Day	Monday	Tuesday	Wednesday	Thursday	Friday
10:00AM - 11:00AM					
11:00AM - 12:00PM					
12:00PM - 1:00PM					
1:00PM - 2:00PM					
2:00PM - 3:00PM					
3:00PM - 4:00PM			IMR		
4:00PM - 5:00PM					