



## Community Activities Calendar (Virtual Hosting)

~ MARCH 2021 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>NOTICE:</b> All events are held virtually. See room entrance info at bottom of calendar.	1	2	<b>3</b> 3:00PM - 4:00PM <b>Virtual Group</b>  <i>Illness Management and Recovery (IMR)</i>	4	5	6
	7	8	<b>10</b> 3:00PM - 4:00PM <b>Virtual Group</b>  <i>Illness Management and Recovery (IMR)</i>	11	12	13
	14	15	<b>17</b> 3:00PM - 4:00PM <b>Virtual Group</b>  <i>Illness Management and Recovery (IMR)</i>	18	19	20
	21	22	<b>24</b> 3:00PM - 4:00PM <b>Virtual Group</b>  <i>Illness Management and Recovery (IMR)</i>	25	26	27
	28	29	<b>31</b> 3:00PM - 4:00PM <b>Virtual Group</b>  <i>Illness Management and Recovery (IMR)</i>			
	<b>Zoom Room Link: <a href="https://zoom.us/j/4239727228">https://zoom.us/j/4239727228</a></b> <b>Zoom Dial-in (Audio only) 301.715.8592. After calling enter code: 4239727228</b>					



## LCA Cottage Weekly Groups (Virtual Hosting)

**IMR:** Illness Management and Recovery modules are covered in detail. Example: Practical Facts About Depression.

Time / Day	Monday	Tuesday	Wednesday	Thursday	Friday
10:00AM - 11:00AM					
11:00AM - 12:00PM					
12:00PM - 1:00PM					
1:00PM - 2:00PM					
2:00PM - 3:00PM					
3:00PM - 4:00PM			IMR		
4:00PM - 5:00PM					