



# Community Activities Calendar (Virtual Hosting)

~ DECEMBER 2020 ~							
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<b>NOTICE:</b> All events are held virtually. See room entrance info at bottom of calendar.		1	<b>2</b> 3:00PM - 4:00PM <b>Virtual Group</b>  <i>Illness Management and Recovery (IMR)</i>	3	4	5	
	6	7	8	<b>9</b> 3:00PM - 4:00PM <b>Virtual Group</b>  <i>Illness Management and Recovery (IMR)</i>	10	11	12
	13	14	15	<b>16</b> 3:00PM - 4:00PM <b>Virtual Group</b>  <i>Illness Management and Recovery (IMR)</i>	17	18	19
	20	21	22	<b>23</b> 3:00PM - 4:00PM <b>Virtual Group</b>  <i>Illness Management and Recovery (IMR)</i>	<b>24</b> <b>CHRISTMAS EVE</b>  <i>LCA OFFICE CLOSED</i>	<b>25</b> <b>CHRISTMAS DAY</b>  <i>LCA OFFICE CLOSED</i>	26
	27	28	29	<b>30</b>	<b>31</b>		
Zoom Room Link: <a href="https://zoom.us/j/4239727228">https://zoom.us/j/4239727228</a> Zoom Dial-in (Audio only) 301.715.8592. After calling enter code: 4239727228							



# LCA Cottage Weekly Groups (Virtual Hosting)

**IMR:** Illness Management and Recovery modules are covered in detail. Example: Practical Facts About Depression.

Time / Day	Monday	Tuesday	Wednesday	Thursday	Friday
10:00AM - 11:00AM					
11:00AM - 12:00PM					
12:00PM - 1:00PM					
1:00PM - 2:00PM					
2:00PM - 3:00PM					
3:00PM - 4:00PM			IMR		
4:00PM - 5:00PM					