

Community Resource List

Lake Country Associates created this Community Resource List to assist area providers in better serving their clients. If you find an error or omission in this list, please call our office at 218-366-9229 or Email us at admin@lakecountryassociates.com and we will update the list.

****24 Hour Crisis Line (Adults and Children) - 1-800-422-0045****

Chemical Health Resources

			phone	fax
AA	www.alcoholicsanonymous.com		800-462-5525	
A Better Connection Inc	266 Henrietta Ave. N.	Park Rapids, MN 56470	252-2785	732-4695
Alcohol & Drug Helpline			800-525-6465	
Bemidji Area Program Recovery	403 4th St NW Suite 300	Bemidji, MN 56601	444-5155	333-3921
Drug Abuse Hotline			800-662-4357	
Hubbard County Social Services			732-1451	732-3231
Hubbard County Youth Drug & Alcohol	Regional Coordination at Polk County HS for Region 1		218-281-3385 ext:2227	C: 218-289-0697
Lakes Region Chemical Dependency	1510 Bemidji Ave N. #13	Bemidji, MN 56601	444-5740	
Pine Manor	(Also a substance abuse treatment and detoxification facility)		732-4337	
Share House -Fargo			877-294-6561	
St. Joseph Hospital Focus Unit - Brainerd	(Substance abuse treatment services)		829-2861	
Minnesota Adult & Teen Challenge	2424 MN-371 BUS	Brainerd, MN 56401	833-8777	
Minnesota Adult & Teen Challenge	2 East 2nd Street	Duluth, MN	218-740-5500	218-740-4330
Upper Mississippi Mental Health Center	722 15th St. NW.	Bemidji, MN 56601	751-3280	751-3298
Upper Mississippi Mental Health Center	109 S, Grove Ave, Suite 1	Park Rapids, MN 56470	732-7266	

Help for People with Eating Disorders

Eating Disorders Hotline			800-511-9225	
The Emily Program			888-364-5977	
Park Nicolette Melrose Institute, St. Louis Park			952-993-6200	

Mahube-Otwa Community Action Partnership

Detroit Lakes			847-1385	847-1388
Park Rapids			732-7402	732-7206
Wadena			632-3600	632-3602

Assisted Living

Care-age Home	18846 Eagle Bend Rd	Park Rapids, MN 56470	732-3721	237-2501
Diamond Willow	909 Crocus Hill St	Park Rapids, MN 56470	732-3606	
Greenwood Connections	427 Main Street NE	Menahga, MN 56464	564-4101	564-5309
Heritage Cottages	615 W. 6th St	Park Rapids, MN 56470	237-8345	

Home Instead			844-4010	
May Creek Lodge	303 10th Street S	Walker, MN 56484	547-4515	
Rose Haven	37 6th Street SE	Menahga, MN 56464	564-4268	564-5449

Day Programs

DAC	109 Pleasant Ave	Park Rapids, MN 56470	732-3558	
PAWN Special Eduction			237-6540	
Bemidji Regional Interdistrict (BRIC)			751-6622	751-6625

Senior Housing

Court Apartments	300 Court Ave	Park Rapids, MN 56470	732-9312	
Park Villa Apartments	607 West 7th St	Park Rapids, MN 56470	237-7275	
River Heights Apartments	500 Riverside Ave	Park Rapids, MN 56470	732-4158	
Summerfield Place Apartments	705 E. River Drive	Park Rapids, MN 56470	732-0730	

Senior Citizen Centers

Akeley			652-2818	
Menahga			564-4858	
Nevis			652-2022	
Park Rapids			732-8612	

Domestic and Sexual Abuse Programs

Child Abuse Hotline			800-422-4453	
Child Protection Team	205 Court Ave	Park Rapids, MN 56470	732-1451	
Family Advovate Center	800 Bemidji Ave N, Suite 4	Bemidji, MN 56601	333-6011	333-6113
Family Safety Network			547-1636 or 800-324-8151	
Headwaters Intervention Center			732-7413	
Northwoods' Coalition for Battered Women			444-1395/751-0211/800-588-6229	
Red Lake Family & Children Services	PO Box 427	Red Lake, MN 56671	679-2122	
Sexual Assault Program			444-9524 or 800-708-2727	
Support Within Reach		Park Rapids, MN 56470	237-0300	
Support Within Reach	403 4th St NW #140	Bemidji, MN 56601	444-9524	

Adult Education

Cass Lake			335-4284	
Park Rapids	Frank White Education Center		237-6627	
Community Education			237-6600	237-6613
Bemidji			333-3285	
Cass Lake			335-2888	

Nevis			652-3500	
Laporte			224-2288	
Park Rapids			237-6600	
Walker			547-4360	

Early Childhood Education

Early Childhood Family Education (ECFE)	401 Huntsinger Ave	Park Rapids, MN 56470	237-6625	
Mahube - Otwa Community Action Partnership	1125 West River Road	Detroit Lakes, MN	847-1385	

Local Schools and School Services

Park Rapids Century Elementary			237-6200	
Park Rapids Century Middle School			237-6300	
Park Rapids Community Education			237-6600	
Park Rapids District Office			237-6500	
Park Rapids Elementary			237-6210	
Park Rapids Middle School			237-3210	
Park Rapids High School			237-6407	
Laporte Public School			224-2288	
Menahga Public School			564-4141	
Nevis Public School			652-3500	
Walker Public School			547-1311	
Sebeka School	200 First St NW	Sebeka, MN 56477	837-5101	837-5967
St. John's ABC Preschool	803 First St. W	Park Rapids, MN 56470	732-9783	
Kindred Family Services	619 Beltrami Av NW Suiet 101	Bemidji, MN 56601	333-8000	
PAWN	PO Box 193	Park Rapids, MN 56470	237-6541	237-6549

Emergency Numbers

Becker County Sheriff			911 or 847-2661	
Beltrami County Sheriff			911 or 751-9111	
Cass County Sheriff			911 or 547-1424	
Hubbard County Sheriff			911 or 732-3331	
Local Crisis Line & Referral (Brainerd)			800-462-5525	
MN Relay Service (TDD)			800-627-3529	
Poison Control Center			800-222-1222	
Wadena County Sheriff			911 or 631-7600	

Help with Employment

Vocational Rehabilitation	104 Park Ave, Suite 104	Park Rapids, MN 56470	732-9761	
MN Work Force Center & CEP	616 America Ave NW, Suite 220	Bemidji, MN 56601	333-8200 or 800-569-4196	

MN Work Force Center & CEP	204 Laurel St, Suite 21	Brainerd, MN 56401	828-2450 or 800-64-3595	
MN Work Force Center & CEP	803 Roosevelt Ave, Suite 101	Detroit Lakes, MN 56502	846-7377 or 800-492-4810	
Minnesota Chippewa Human Services Tribal Employment Program			335-8586	
Experience Works			631-3483	
Northern Connections			346-4626 or 877-346-4624	
White Earth Vocational Rehabilitation	PO Box 418	Naytahwaush, MN 56566	935-5554	

Energy Assistance Programs

Bi-County CAP, Inc		Bemidji, MN	751-4631 or 800-332-7161	
Bi-County CAP, Inc		Walker, MN	547-3438	
Heat Share/Salvation Army			326-5620 or 888-301-0643	
Mahube - Otwa Community Action Partership	1125 West River Road	Detroit Lakes, MN 56502	847-1385	847-1388
Mahube - Otwa Community Action Partership	120 Central Ave N, PO Box 229	Park Rapids, MN	732-7204	732-7206
Mahube - Otwa Community Action Partership	311 Jefferson Street	Wadena, MN	632-3600	632-3602
Mahube - Otwa Community Action Partership	128 W Cavour Ave	Fergus Falls, MN 56537	739-3011	
Mahube - Otwa Community Action Partership	118 West Madison Ave, PO Box 76	Mahnomen, MN 56557-0076	935-5022	935-2270
Salvation Army	Hubbard County Social Services	Park Rapids, MN	732-1451	732-3231
White Earth Nation	PO Box 418	White Earth, MN 56591	983-3285	800-950-3248

Family Outreach

Father Project	1415 1st St E, Suite 2	Park Rapids, MN 56470	255-4160	
Kids Support Services			732-7413 or 800-939-2199	
Kinship			732-0058	
Lakes Area Pregnancy Support Center	200 6th Street West	Park Rapids, MN 56470	732-5212	
Lutheran Social Serivces	300 Court Ave	Park Rapids, MN 56470	237-2798	

Food Shelves & Food Support

Akeley	First Lutheran Church (Tuesdays 9-11am)		652-3335	
Becker County Food Pantry			846-0142	
Bemidji	1260 Industrial Park Dr. SE	Bemidji, MN 56601	444-6580	
Leech Lake Reservation Food Distribution Program			335-2676	
Park Rapids Food Shelf	308 Plesant Ave	Park Rapids, MN 56470	732-1282	
Ruby's Pantry		Menahga, MN	320-629-7400	
Walker Food Shelf	Tuesdays 1-3pm/4th Tuesdays 3:30-6pm		547-1713	
White Earth Food Distribution			935-2233	
Lutheran Social Serivces - Meals on Wheels & Congregated Dining				
Akeley			652-3611	
Menahga			564-4858	
Nevis			652-2022	

Park Rapids			255-1240	
Walker			547-4181	
Meals on Wheels				
Bemidji Area			444-3987	
Cass Lake			335-8314	
Mom's Meals			866-598-0133	
Park Rapids Area			255-1240	
Mothers and Children (MAC) & Nutrition Assistance Program (NAP)			800-365-0270	
Nutrition Education Assistance	Hubbard County Extension Office	Park Rapids, MN	732-3391	
WIC				
Becker County			847-5628	
Beltrami County			333-8140	
Cass Lake - Leech Lake			335-8315	
Cass County			547-1340 ext 311	
Hubbard County			237-5464	
Wadena County			631-7629	

Chiropractors

Erickson, Mike	400 Pleasant Ave	Park Rapids, MN 56470	732-4554	
Montzka, Deborah & Dr. Logan Klettenberg	17261 Hwy 34 E	Park Rapids, MN 56470	237-3771	
Peabody, Mindy	1000 E 1st St	Park Rapids, MN 56470	237-1770	
Peak Performance - Jeremy Nelson	716 1st St. E	Park Rapids, MN 56470	366-2174	
Acadian Chiropractic - Smart, T.J.	708 Bridge Street	Park Rapids, MN 56470	732-7261	

Clinic and Hospitals

Erickson Medical Clinic	205 7th St West	Park Rapids, MN 56470	732-7760	732-7334
Essentia Health Menahga	PO Box 190	Menahga, MN 56464	564-4131	564-5287
Essentia Health Park Rapids	705 Pleasant Ave	Park Rapids, MN 56470	732-2800	732-2874
Essentia Health St. Mary's - Detroit Lakes	1027 Washington Ave	Detroit Lakes, MN 56501	844-2300	844-0705
Essentia Health Walker	PO Box 1029	Walker, MN 56484	547-3452	547-3937
Lakewood Health System	49725 Cty 83	Staples, MN 56479	894-1515	894-8552
Prairie St. John's Clinic	2925 20th St S	Moorhead, MN 56560	284-0300	701-280-5783
Sanford Bemidji Clinic	1233 34th St NW	Bemidji, MN 56601	333-5000	333-5355
Sanford Health Fargo	801 Broadway N, PO Box 2010	Fargo, ND 58122-0001	701-234-7000	701-234-7260
Sanford Health Walker	PO Box 1390	Walker, MN 56484	547-7700	547-7729
Tri County Clinic Sebeka	106 Minnesota Ave	Sebeka, MN 56477	837-5333	837-5944
Wadena Medical Center	4 Deerwood Ave	Wadena, MN 56482	631-1360	631-7571

Dentists

Lora Nelson & Anderson, David	19033 N. US 71	Park Rapids, MN 56470	732-3291	
St. Joseph's Community Dental Clinic (accepts MA)	205 Pleasant Ave	Park Rapids, MN 56470	732-4436	732-1119
Jorgenson, Jay	406 Pleasant Ave	Park Rapids, MN 56470	237-7200	
Northern Dental Access Center	1405 NW Anne Street	Bemidji, MN 56601	444-9646	
Sandra, Lara	314 Pleasant Ave	Park Rapids, MN 56470	732-4466	
Restemayer, Charles (accepts MA)	16 NE Birch Ave	Menahga, MN 56464	564-5192	
Northwoods Dental - Jason Murray & Bonnie Moeller	405 S. Henrietta Ave	Park Rapids, MN 56470	732-1414	
Smile Center (accepts MA)	21343 Archibald Road	Deerwood, MN 56444	800-477-7645	

Eye Clinics

Bruhn Optical	1101 E 1st Street	Park Rapids, MN 56470	732-8535	
Park Rapids -Walker Eye Clinic	206 Pleasant Ave	Park Rapids, MN 56470	732-3389	
Vision Center	1303 Charles Street	Park Rapids, MN 56470	732-0187	

Park Rapids Pharmacies

Coborn's	209 W 1st St	Park Rapids, MN 56470	732-0836	
Iverson	408 Minnesota Ave	Bemidji, MN 56601	444-3000	
Seip Drug		Park Rapids, MN 56470	732-3351	
Seip Drug	24 Aspen Ave	Menahga, MN 56464	564-4655	
Thrifty White Drug	603 Minnesota Ave	Walker, MN 56484	547-1016	
Walgreen's Pharmacy	101 North Main	Park Rapids, MN 56470	732-3342	732-5053
Walmart	1303 Charles Street	Park Rapids, MN 56470	732-0329	

Homecare and Hospice Services

Caring Hands Home Care			732-0088	
Knute Nelson Home Care			237-2350	
Many Lakes Home Care	708 Forest View Ave	Park Rapids, MN 56470	732-9394	
North Star Home Care (PCA)			800-535-5895	
Hospice				
Sanford Bemidji Home Care and Hospice	3525 NW Pine Ridge Ave	Bemidji, MN 56601	333-5665	
St. Joseph's Hospice	600 Pleasant Ave	Park Rapids, MN 56470	732-4552	

Household Goods and Clothing

Barley Used Thrift Store	423 Main St S	Park Rapids, MN 56470	237-6114	
Corner Clothing Store	Located in former Akeley school	Akeley, MN 56433	652-3508	
Salvage Depot	320 Career Path	Park Rapids, MN 56470	237-8523	
Tin Ceiling	113 Main St S	Park Rapids, MN 56470	237-8516	

Housing and Redevelopment Authority (HRA)

Cornerstone (Transitional Housing)	310 3rd Street E	Park Rapids, MN 56470	732-9118	
Cass Lake Housing			335-2674	
Leech Lake Housing			335-8280 or 866-223-2233	
Minnesota Chippewa Tribe (Home Loan)	PO Box 217	Cass Lake, MN 56633	335-8582	
Cass County HRA (for Hubbard County Section 8 Vouchers)	PO Box33	Backus, MN 56435	947-3993	

Mental Health and Counseling

A Better Connection	266 Henrietta Ave N	Park Rapids, MN 56470	252-2785	732-4695
Birch Lake Counseling LLC	P.O. Box 471, 122 1st St. N.	Hackensack, MN 56452	675-5101	651-925-0226
Great River Psychological	403 4th St NW Suite 245	Bemidji, MN 56601	444-6912	444-6937
Groupworks	210 1st Street East	Park Rapids, MN 56470	366-2636	
Essentia Health	705 Pleasant Ave	Park Rapids, MN 56470	732-6417	732-6405
Lake Country Associates - Bemidji	1426 Bemidji Ave N, Suite 1	Bemidji, MN 56601	444-2233	237-2520
Lake Country Associates - Park Rapids	515 Bridge Street E	Park Rapids, MN 56470	366-9229	237-2520
Lakeland Mental Health Detroit Lakes	928 8th St SE	Detroit Lakes, MN 56501	847-1676	847-1678
North Homes Bemidji	210 Beltrami Ave NW	Bemidji, MN 56601	751-0282	751-0870
Northern Pines Mental Health Center	11 2nd St. S.W. #1	Wadena, MN 56482	631-1714	631-4228
Northwestern MN Juvenile Center	PO Box 247	Bemidji, MN 56601	751-3196	
Stellher Human Services Bemidji	PO Box 430	Bemidji, MN 56619	444-2845	444-2847
Stellher Human Services Detroit Lakes	26626 Whiskey Creek Dr	Detroit Lakes, MN 56501	844-5697	
Upper Mississippi	120 N Main Ave	Park Rapids, MN 56470	732-7266	732-0136
Upper Mississippi	PO Box 640	Bemidji, MN 56619	751-3280	751-3298
White Earth Mental Health	26246 Crane Road	White Earth, MN 56591	983-3286	983-4236
Wildgen, Wilimek & Assoc	1526 30th St NW	Bemidji, MN 56601	751-0887	759-4807

Hospitals and Treatment Centers

Lakewood Health System	49725 County Rd 83	Staples, MN 56479	894-1515	894-8218
Pine Manor	22195 State Hwy 34	Nevis, MN 56467	732-4337	732-0399
Prairie St. John's	510 4th St S	Fargo, ND 58103	701 476-7800	701 476-7218
Sanford Bemidji Medical Center	1300 Anne St NW	Bemidji, MN 56601	751-5430	333-5880
Sanford Fargo, ND	801 Broadway N. PO Box 2010	Fargo, ND 58122-0001	800-437-4010 Ext. 2366	
Sr. Behavioral Health	800 Bemidji Ave N Suite 300	Bemidji, MN 56601	333-0323	333-0335
St. Joseph's - Grace Unit	523 N 3rd St	Brainerd, MN 56401	828-7437	828-7469
St. Joseph's Hospital	600 Pleasant Ave	Park Rapids, MN 56470	732-3311	732-2615 - ER
St. Joseph's Natural Planning	523 N 3rd St	Brainerd, MN 56401	829-2861 Ext 6217	
St. Mary's	1027 Washington Ave	Detroit Lakes, MN	847-5611	920-593-3114
Tri -County Hospital	415 Jefferson St N	Wadena, MN 56482	631-3510	631-7503
Willow Tree Mental Health CSU	201 Willow St E, #3	Detroit Lakes, MN 56501	218-844-1733	218-844-5601

Services for Veterans & Family Members

Hubbard County Veterans Service	201 Fair Ave	Park Rapids, MN 56470	732-3561	732-8173
Veterans Linkage Line	https://mn.gov/mdva/	Veterans Linkage Line	888-546-5838	

Social Service Offices

Becker County Human Services	712 MN Ave	Detroit Lakes, MN 56501	847-5628	847-6738
Beltrami County Human Services	616 American Ave NW	Bemidji, MN 56661	333-8300	333-4150
Cass County Human Services	PO Box 519	Walker, MN 56484	547-1340	547-1448
Clearwater County Human Services	216 Park Ave N	Bagley, MN 56621-0682	694-6164	
Crow Wings County Human Services	204 Laurel St	Brainerd, MN 56401-0686	824-1140	
Hubbard County Social Services	205 Court Ave	Park Rapids, MN 56470	732-1451	732-3231
Leech Lake Tribal Child Welfare	115 6th St NW, Suite E	Cass Lake, MN 56633	335-8270	
Lutheran Social Services	300 Court Ave	Park Rapids, MN 56470	237-2789	
Mahnomen County Social Services	311 N Main St	Mahnomen, MN 56557	935-2568	
Ottertail Co. Human Services	P O Box N	New York Mills, MN 56567	385-5450	385-3987
Todd County Social Services	200 1st St NE	Staples, MN 56479	894-6300	894-2878
Wadena County Social Services Menahga	None	Menahga, MN 56464	564-4898	None
Wadena County Social Services Wadena	124 First St SE	Wadena, MN 56482	631-7605	631-7616
White Earth Tribal Child Welfare	PO Box 358	White Earth, MN 56591	983-3285	

Legal Services

Crimes Victim Reparations Board			800-247-0390	
Minnesota Disability Law Center			945-3154	
Northwest Minnesota Legal Services (Legal Aid)	215 4th Str NW	Bemidji, MN 56601	751-9201 or 800-450-9201	
Northwest Minnesota Legal Services (Legal Aid)	1015 7th Ave	Moorhead, MN 56560	233-8585 or 800-450-8585	

Credit Counseling

Consumer Credit Counseling Service (LSS)	424 W. Superior St	Duluth, MN 55811	888-577-2227	
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Group Homes and Adult Foster Care

Community Service Program	23653 Cty 25	Akeley, MN 56433	652-4936	
Community Service Program	23655 Cty 25	Akeley, MN 56433	652-4935	
Diamond Willow Assisted Living	911 Crocus Hill St	Park Rapids, MN 56470	732-3606	
Diamond Willow Assisted Living	1558 Randolph Rd	Detroit Lakes, MN 56540	847-6900	
Heartland Homes	PO Box 214	Park Rapids, MN 56470	732-4572	
Heritage Living Center	619 6th St W	Park Rapids, MN 56470	732-3329	732-9125
Mary Jane/Alan Kriz	12102 Fisherman's Dr	Park Rapids, MN 56470-3304	732-4915	
May Creek Senior Living Campus	303 10th St Box 530	Walker, MN 56484	547-4515	
Shingobee Island Lodge	7184 Dewdrop Trl	Walker, MN 56484	547-2017	

Spruce House	309 3rd Ave	Nevis, MN 56467	652-3460	
Stepping Stones	510 N Main Ave	Park Rapids, MN 56470	237-3061	
Stepping Stones	508 W 8th St	Park Rapids, MN 56470	237-5275	
Stille Havn Hus	170 Walker Industries Blvd	Walker, MN 56484	547-5920	

Transportation Services

Heartland Express		Park Rapids, MN 56470	732-3500	
Park Rapids Taxi	13657 146th St	Park Rapids, MN 56470	732-1237	

Misc. Services

Hope House (Bemidji Drop-in Center	PO Box 1097	Bemidji, MN 56619	444-6748	444-8664
DB101 MN (online only)	https://mn.db101.org/			
Disability Linkage Line (Live person to talk to)			866-333-2466	
Disability Outreach			800-544-9925	
Disability Specialists		(social security appeals)	800-642-6393	
Access North			800-390-3681	
Community Health	600 Pleasant Ave	Park Rapids, MN 56470	237-5463	
Freedom (Becker, Wadena, etc)			701-478-0510	
Lutheran Social Services	300 Court Ave	Park Rapids, MN 56470	237-2798	
Vocational Rehabilitation Services	104 Park Ave, Suite 104	Park Rapids, MN 56470	732-9761	
MN Brain Injury Alliance	2277 Hwy 36 W, Suite 200	Roseville, MN 55113-3830	612-378-2742	800-669-6442
NAMI	800 Transfer Road, Suite 31	St. Paul, MN 55114	888-626-4435	651-645-7379
Neuropsychiatric Research Institue	120 8th St. S.	Fargo, ND 58107	701-293-1335	701-293-226
NW Regional Service Center for Deaf & Hard of Hearing			291-5880 or 866-488-3829	
Options (Hubbard, Mahnomen, Clearwater, Beltrami, etc)			773-6100	
Senior Companion Program	Betsy Meyer		616-3197	
Senior Linkage Line			800-333-2433	
Social Security Administration	Bemidji Office		866-258-6345	
State Services for the the Blind - Bemidji			888-234-1257	
State Services for the the Blind - Brainerd			800-500-8851	
The White Earth Reservation Tribal DOVE	PO Box 418	White Earth, MN 56591	877-830-3683	

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